# Ref. No./BS&G UK/SHQ/ 13203-13301 /2024

### From,

State Secretary The Bharat Scouts & Guides Uttarakhand

To,

District Chief Commissioners and Chief Education Officers: Districts- Almora/ Nainital/ Pithoragarh/ Bageshwar/ Champawat/ Dehra Dun / Udham Singh Nagar/ Haridwar/ Pauri/ Chamoli/ Rudra Prayag/ Tehri/ Uttarkashi/ Shanti Kunj

# Subject: Forwarding Information regarding Upcoming National Programme(s)

### Dear Sir,

Please note that the State Headquarters is in receipt of the below mentioned programme(s) from the National Headquarters please find the attached Circular(s) which are to be forwarded to the eligible participants from Schools and the Degree/ PG Colleges in your respective district.

S No.	Circular No.	Date	Subject
1.	NHQ 197/2024	15/10/2024	Corrigendum -Self Defence Training for Guides and Rangers Ref: NHQ Circular no. 195/ 2024 Dated 14-10-2024

You are hereby requested to direct the eligible candidates from your district to participate in the aforesaid programmes.

### Attachment(s): - Copy of NHQ Circular(s)

### "Creating Better Uttarakhand"

Yours in Scouting

Ka Amrit Mahotsav

Date - 16/10/2024

(R M Kala) State Secretary The Bharat Scouts & Guides Uttarakhand

### Ref. No./UBS&G/SHQ/

#### /2024

Date -

Copy to: -

1. State Chief Commissioner, The Bharat Scouts & Guides Uttarakhand

- 2. State Commissioner (Scout/ Guide) The Bharat Scouts & Guides Uttarakhand
- 3. Director Secondary Education Uttarakhand

- Director Secondary Education Ottarakhand
   Director Higher Education, Uttarakhand
   Regional Officer, CBSE Regional Office Kaulagarh Road, Dehra Dun
   Joint Director Higher Education, Uttarakhand
   State Organizing Commissioner (Scout/ Guide) The Bharat Scouts & Guides Uttarakhand
   Principal, All PG and Degree Colleges (Kumaon and Garhwal Division) Uttarakhand State
- 9. All District Secretaries, The Bharat Scouts & Guides Uttarakhand

(R M Kala) State Secretary



55 Mothrowala Marg, Ajabpur Chowk, Dehradun- 248001(U.K.), Tel-0135-3595208, SHQ HAM Radio Club Call Sign: VU2DDE Email- bsguttarakhandstatehq@gmail.com, bsguttarakhand@gmail.com, Website- www.bsguttarakhand.org



# **The Bharat Scouts and Guides**

Creating Better India



# National Headquarters

Address: Lakshmi Mazumdar Bhawan, 16, M. G. Marg, I. P. Estate, New Delhi-110002 Website :www.bsgindia.orgEmail Id: info@bsgindia.org Phones:+91-11-23370126,23378667

To All the State Secretaries, State Associations of The Bharat Scouts and Guides, **NORTHERN REGION**  Circular No.: 197 / 2024 Date : 15<sup>th</sup> Oct., 2024

# **CORRIGENDUM**

### SUB: SELF DEFENSE TRAINING FOR GUIDES AND RANGERS. REF: NHQ CIRCULAR NO. 195/2024 DATED 14.10.2024.

Dear Sir/Madam,

We are pleased to inform you that the Bharat Scouts and Guides Northern Region is organizing Self Defense Training for Guides and Rangers from 04 to 08<sup>th</sup> December, 2024.

The fundamental objective of Self Defense Training is to prepare and empower the Guides/Rangers with techniques to handle an attack. Self Defense course not only enables students to defend themselves against physical attack, it also has diverse benefit for the students in their everyday lives.

Details are as under:

Name of the Event	:	Self Defense Training for Guides and Rangers			
Date	:	04 <sup>th</sup> to 08 <sup>th</sup> December, 2024.			
Arrival	:	04 <sup>th</sup> December 2024 before 10:00 AM			
Departure	:	08 <sup>th</sup> December 2024 after lunch			
Venue	:	The Bharat Scouts and Guides, Himachal Pradesh, State Training Centre, Rewalsar, District Mandi, Himachal Pradesh.			
How To Reach	:	Participants may travel by train to Chandigarh or Ambala. From Chandigarh Sector 43 bus stand or Ambala bus stand, they can board buses on the Kullu-Manali route and reach Mandi. From Mandi, local buses to Rewalsar are available from 08 A.M. to 09 P.M. For any assistance Please contact: 1- Ms. Kiran Thakur – Mo. No. 9816850004			
Eligibility	:	<ul> <li>The State Associations are requested to nominate the ideal participants considering the following criteria.</li> <li>Guides, Rangers and Unit Leaders between 16 to 30 years of age during the time of Training</li> <li>Should be fluent in English and Hindi</li> <li>Should have Knowledge of Scouting/Guiding round the world</li> <li>Should be able to speak and participate in discussions, debate, symposium etc.</li> <li>Should have earn Rajya Puraskar</li> </ul>			
Quota	:	Guides – 12 + Rangers – 12 + Unit Leaders – 02 Total 26			
Scout Guide Welfare Fund	:	Rs. 2000/- (Two Thousand) per head for Guides/Rangers/Unit Leaders to be paid at the time of Registration.			
Financial Assistance	:	National Headquarters will reimburse food subsidy @ Rs. 350/- per head and travel subsidy maximum @ Rs. 550/- per head or actual whichever is less on production of train/Bus ticket subject to receipt			

		of Grant in Aid from the Govt. of India. Participants of Railway State are requested to utilize Railway Pass. <b>Please Note:</b> Candidates may be instructed to submit his/her bank details to the Leader of the Event at the time of Registration.
What to Bring	:	Following materials are to be carried by each participant. Two set of correct and complete uniform as per APRO part III, Track suit, Lower and T-Shirt, light bedding, personal clothing, Toilet requisites, Torch, water bottle, plate, mug, Spoon writing materials. First aid kit, costumes for cultural programmes etc.
Competitive Activities Group/Individual	:	<ul> <li>Enhance the ability to defend and protect</li> <li>Enhance confidence building</li> <li>Enhance the value of self-discipline</li> <li>Inculcate the Knowledge of Life Skills</li> <li>Enhance the employment opportunities</li> <li>Facilities the Guides/Rangers in improving physical and mental health</li> </ul>
Last Date	:	The List of selected candidates should reach the State Secretary of Himachal Pradesh at <u>hpbsg@yahoo.com</u> and Deputy Director of Guide (Girl Programme) at <u>girlprogramme@bsgindia.org</u> on or before 15 <sup>th</sup> November 2024 along with the arrival and departure itinerary of the Participants. <b>Please Note:</b> If we fail to receive confirmation by 15 <sup>th</sup> November 2024 additional guota will be allotted to other needy States. Hence,
BSG UID	:	your state will miss the opportunity. Participation Certificate will be issued to only UID holders

After the completion of this course, the Guides/Rangers will be able to use protection skills against threat, assaults in everyday situations. Apart from these, the students will have the eligibility to work in civil defense, security services and public, private/corporate sectors and government establishment etc.

Thanking you,

Yours in Guiding,

ey

(SUREKHA SHRIVASTAVA) DY. DIRECTOR OF GUIDES (GIRL PROGRAMME)

## Encl.: Application Form of Risk & Medical Certificate

### Copy to:-

- 1. All the NHQ Office Bearers of the Bharat Scouts and Guides, National Headquarters.
- 2. Chairman/Secretary, Railway Scout and Guide Board, Rail Bhawan, New Delhi.
- 3. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shahid Jeet Singh Marg, New Delhi 110016.
- 4. The Commissioner, Navadaya Vidyalaya Samiti, Institutional Area, B-15, Sector 62, Noida, Uttar Pradesh 201309.
- 5. The Director, DAV
- 6. All the District Secretaries, District Association of Dammam, Riyadh, Muscat and Jamiat Youth Club.
- 7. All the Assistant Director, BSG for necessary action.





**Creating - Better India** Since 1908

## **APPLICATION FORM**

ROM_		то			PLACE:					
BSG U	ID <u>:</u> (ONLY FOR	BSG UNIFOR		RS)						
1.	Name of the Appl	licant (In Capi	tal):							
2.	Father's Name: PHOTO									
3.	Home Address (I	n Capital):								11010
4.	 Dist	S	itate		Pin Code					
5.	Date of Birth	) / MM / YYYY	AGE:	Gender:		_Statu	us: Si	ingle	/ Marrie	ed
6.	Telephone/Mobile	e No		E-ma	ul					
7.	Aadhar No:									
8.	Experience in BS	G								
9.	Educational Qual	ification								
10.	Technical Qualific	cation:								
11.	Special Hobbies	or any other ir	nformation:							
12.	Online Transfer (	Transaction D	etails)							
	UTR / UPI Numb	er			D	)ate			(C	Copy Enclosed

Signature of the Applicant

Leader of the Pogramme

### **DECLARATION**

- > I agree to adhere to the discipline of the movement and programme in particular and abide by the rules and regulations of the Institute during the whole event.
- > In case of any accident, illness or injury, manmade or natural, I will not hold the Bharat Scouts and Guides responsible at all.
- > I further declare that I have not been in contact with any infectious disease for the past one month and that I am keeping good health & physically fit to undergo the Self Defense Training.
- Emergency Contact detail: Name \_
- Mobile No.
- Relation with applicant

Signature of the Applicant / Parent / Guardian (ONLY ABOVE 18+)

# MEDICAL CERTIFICATE

1.	Name	9					
2.	Addre	ess					
3.	3. Height		WeightBloo	d Group			
4.	Prese	nt/Past illness of Significand	e				
5.	Injurie	es / Operations undergone a	nd present condition				
6.	Any k	nown allergy to drugs or foo	d stuff				
7.	Is the Applicant Suffering from						
	I.	Any Infectious disease	Yes / No				
	II.	Any Skin disease	Yes / No				
	III.	Mental disease	Yes / No				
	IV.	Heart Trouble	Yes / No				
	V.	Asthma	Yes / No				
	VI.	Malaria Test	Yes / No				
	VII.	Any other disease/defect	Yes / No				
8.		his date it to undergo an Self Defens		and found Him / Her medically			
Dat	:e:			Doctor Signature Registration Number & Designation Office Seal			
No	te : Th	is certificate has to be sig	gned by Registered MBBS Do	ctor			
		RISK	CERTIFICATE/PAR	ENT-CONSENT			
			E OF APPLICANTS OF BELO				
lt is	certifie	ed that my son/daughter / w	ard Mr./ Miss	is joining the above			
mei	ntioned	Self Defense Training with	my consent and the organizer sha	all not be responsible for any illness, injury or			

accident during the event or journey periods for the purpose. It is further certified that he/she is physically fit to undergo the said vigorous programme.

	Signature of Parent / Guardian
Relationship with participant	
Name	
Address	
Aadhar No:	
Mobile No	Date